

## COACH PROFILE

# Matt Greenwood



**Soccer Coach**                      **Whitby**  
**Coaching Experience:**    **15 years athletes with a disability**  
   **25 Total**  
**Context:**                                **Community & Competitive**

### *Why did you start coaching?*

I enjoyed sharing my passion and knowledge for the game. I also wanted to ensure that players got the most support to ensure they stayed in the game for the long term.

### *Why did you start coaching athletes with a disability?*

I realised that there was a huge part of the community that love and want to play soccer but programs didn't exist or information wasn't being shared with them to draw them in. I also like being challenged as a coach to improve what I do and to not be complacent with the same age group and gender season after season.

### *What are the aspects of coaching athletes with disabilities do you find most enjoyable?*

Satisfaction - from seeing the same joy and love for the game that I feel.

Sharing - knowing that their experience will be shared with class mates, friends and family.

Culture - shaping the current culture around accessible sport.

### *What is your best coaching moment in parasport? Why?*

Blind Soccer - coaching our Pickering SCC team to Silver at the Provincial Championships this winter. it was a process that started 12 months before and the players came and went before we settled on a squad to compete. We hosted the games too!

### *What strategies do you use to facilitate quality sport experiences for your athletes?*

Communication: plenty of light-hearted communication through email to draw athletes together.

Methodical session plan: particularly with my blind players it's important to go through clear routines during each session for safety.

Painting the Picture: Again for visually impaired athletes it's important to let them know what is happening around them.

### *How do you contribute to increasing the support and awareness of adaptive sports?*

Social Media: I tweet, post and blog regularly and draw both Canadian and international groups into the conversation.

Networking: I engage each level of sport and at times education and government into the discussion.

Presentation: I provide workshops at schools, universities and offices to use blind soccer as a team building tool.



**Contact [education@coachesontario.ca](mailto:education@coachesontario.ca) for contact information!**

## Active Start (U4-U5)

For more information and how to register contact:  
Lyndon Hooper: [lhooper@ontariosoccer.net](mailto:lhooper@ontariosoccer.net)

- Designed for the first time coach.
- Focused on engaging children in "soccer play" and teaching basic physical literacy.

## Fundamentals (U6-U8)

<https://www.ontariosoccer.net/fundamentals>  
For more information and how to register contact:  
Lyndon Hooper: [lhooper@ontariosoccer.net](mailto:lhooper@ontariosoccer.net)

- How to develop the ABCs of movement: Agility, Balance, Coordination and speed.
- How to run a practice session that is fun, safe and keeps children actively engaged.
- How to explain the FUNDamentals of a game in a way that children can understand.
- How to communicate to this specific age group.

## Learn to Train (U9-U12)

<https://www.ontariosoccer.net/learn-to-train>  
For more information and how to register contact:  
Lyndon Hooper: [lhooper@ontariosoccer.net](mailto:lhooper@ontariosoccer.net)

- How to teach basic principles of play
- How to establish training ethics and discipline in a fun and challenging environment.
- How to communicate to this specific age group.
- This is a key time to train speed, flexibility and skills and understand your role in developing these skills.

## Soccer for Life (13+)

<https://www.ontariosoccer.net/soccer-for-life>  
For more information and how to register contact:  
Lyndon Hooper: [lhooper@ontariosoccer.net](mailto:lhooper@ontariosoccer.net)

- How to plan and deliver effective, enjoyable, age-appropriate practices and how to provide feedback to your players.
- How to be able to better understand the role of the coach, and the developmental stage of the players you are coaching.
- How to provide a safe practice/game environment for your players.

## C License Course

<https://www.ontariosoccer.net/c-licence>  
For more information and how to register contact:  
Lyndon Hooper: [lhooper@ontariosoccer.net](mailto:lhooper@ontariosoccer.net)

- The C-License is for coaches who would like to continue with their coaching education at a higher level through the Licensing Stream (CP,VI Integrated)

## HIGHLY RECOMMENDED - MULTISPORT

### NCCP Coaching Athletes with a Disability

To Register: [www.coach.ca/coaching-athletes-with-a-disability--s17345](http://www.coach.ca/coaching-athletes-with-a-disability--s17345)

- Aimed at coaches working with players in an environment where performance is a critical factor in successful coaching. (CP,VI Integrated)

## Useful Links:

Need more information? Email [education@coachesontario.ca](mailto:education@coachesontario.ca) to help navigate the NCCP coaching qualifications, as well as find additional ways to achieve the coaching qualifications (e.g. - direct to evaluation option, etc.).

- Soccer Canada <https://www.canadasoccer.com/coach-training-certifications-s14688>
- Ontario Soccer <http://www.ontariosoccer.net/page/show/3174262-accessibility-and-disability-soccer>
- Coaches Association of Ontario <https://www.coachesontario.ca/>
- Coaching Association of Canada <http://coach.ca/>

## FUNDING OPPORTUNITIES

Grants are available to pay a portion of NCCP courses through the Coach Enhancement Coach Bursary program. <https://www.coachesontario.ca/programs-resources/funding-for-coaches/> or email [cep@coachesontario.ca](mailto:cep@coachesontario.ca)